

Group Discussion:

CONNECT RELATIONALLY (roughly 25% of your meeting time)

- Share Highs & Lows from the week / Share prayer needs & practice prayer together / Split into sub-groups (e.g. men / women) to share
- (Ice breaker question) *What's the most scenic or impressive place you've walked or hiked?*

GROW SPIRITUALLY (roughly 50% of your meeting time)

- *As a group read Colossians 2:6-15*
- *What does it mean to walk in Christ in the same way we received him?*
- *Name the replacements for Christ in vs. 8-10. What are modern examples of these and describe ways in which believers can resist them.*
- *What does vs. 11-15 teach us about how our union with Christ transforms our identity?*
- *What is the significance of Christ's disarming "the rulers and authorities" in vs 15. when it comes to our dealing with guilt, shame, and the accusations of the enemy?*
- *How does this passage help us grow in Christ, and what is one step you could take this week?*

LIVE MISSIONALLY (roughly 25% of your meeting time)

- Scriptural reminder of God's missional heart – Psalm 9:7-11
- Ask for any stories of BLESS steps that have happened recently. Celebrate anything shared.
- Ask people to update their FRANCES list of people that may be far from God. Who has God brought back up on your minds & hearts recently? Where do you see new potential opportunities?
- Ask people to consider and commit to 1-3 practical BLESS steps that they might accomplish in the upcoming season (week / month). What do you plan to do? How / when will you ensure it happens?
- Pray over specific names or steps that were shared.