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### VISION

"From the beginning of Christianity, the natural overflow of being a disciple of Jesus has always been to make disciples of Jesus. "Follow me," Jesus said, "and I will make you fishers of men" (Matt. 4:19). This was a promise: Jesus would take His disciples and turn them into disciple makers. And this was a command: He called each of His disciples to go and make disciples of all nations, baptizing them and teaching them to obey Him (Matt. 28:19–20). From the start, God's design has been for every single disciple of Jesus to make disciples who make disciples until the gospel spreads to all peoples.

Yet we have subtly and tragically taken this costly command of Christ to go, baptize, and teach all nations and mutated it into a comfortable call for Christians to come, be baptized, and listen in one location. If you were to ask individual Christians today what it means to make disciples, you would likely get jumbled thoughts, ambiguous answers, and probably even some blank stares. In all our activity as Christians and with all our resources in the church, we are in danger of practically ignoring the commission of Christ. We view evangelism as a dreaded topic, we reduce discipleship to a canned progravm, and so many in the church end up sidelined in a spectator mentality that delegates disciple making to pastors and professionals, ministers and missionaries.

But this is not the way it's supposed to be. Jesus has invited all of us to be a part of His plan. He has designed all of His people to know His joy as we share His love, spread His Word, and multiply His life among all of the peoples of the earth. This is the grand purpose for which we were created: to enjoy the grace of Christ as we spread the gospel of Christ from wherever we live to the ends of the earth. And this purpose is worth giving our lives to seeing it accomplished. It's worth it for billions of people who do not yet know the mercy and majesty of God in Christ. And it's worth it for you and me, because we were made to be disciples who make disciples until the day when we see the face of the One we follow, and together with all nations we experience His satisfaction for all of eternity."

- David Platt

# HOW TO USE THE GUIDE

The goal of this Guide is to have reproducible material where disciples can learn their identity in Christ and then establish life patterns that they are able to immediately apply and make disciples of their own.

#### Keep it simple

Depend on the Word of God, the Holy Spirit, and your own walk with the Lord. You know more than you think! - and therefore, you need less than you think.

#### Customize appropriately

Discipleship is not a "one size fits all", meaning those you disciple are going to come from different backgrounds and varying degrees of maturity. What you have here is a guide, so make sure you are sensitive to where your disciples are at and adjust accordingly.

#### Expect your Disciples to teach others what you teach them

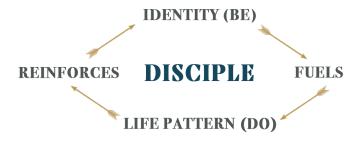
There are plenty of great Bible studies to do if you just want them to absorb more information. The goal of this guide is to get your disciples prepared to pass on what they learn.

#### Disciple in community

The dynamic of 3-4 people interacting reduces the likelihood of perpetuating dependence. What you are trying to produce is an interdependent disciple maker who knows how to handle the Word as a self-feeder.

#### Reinforce this fundamental concept

My **identity** as a disciple of Jesus Christ fuels my **life patterns** of following Jesus which reinforce my **identity**. People who don't know who they are get confused about what they do and why they are doing it.



# **COME WITH A PLAN**

#### 1. LOOK BACK (15-20 minutes)

The goal for this section is to care for the person's soul and review the objective and commitment that was made during the previous session.

#### **Mutual Care**

You want to hear how your disciple's life has been since the last meeting and how God has been working in their life.

- From our last meeting what do you want to celebrate from your life? Or, what has been the best part of your week?
- From our last meeting what challenges have you been experiencing in your life? What has been the most challenging or difficult part of your week?

#### Loving Accountability

This section helps the disciple maker reinforce the truth that was taught in the last meeting and have loving accountability for the commitments/goals that were made during the last meeting. It is crucial to have both "love" and "accountability." If you do not show love to your disciple when they fail to keep their commitments/goals, then it can discourage them and they might stop putting in the work. On the other hand, if you do not hold your disciple accountable than they are missing out on the opportunity to experience the full life that Jesus offers.

The goal is to have balance and celebrate your disciple when they fulfill commitments/goals, but to also ask questions and encourage them when they do not. If your disciple does not fulfill their commitments/goals from the previous session, a couple of questions you can ask are:

- What distractions kept you from accomplishing your commitments and goals this week?
- How can I help you fulfill your commitments/goals this coming week?
   \*more than "I will pray for you", but actual action steps: texting reminders, emails, etc.

#### II. LOOK UP (30 minutes)

The objective for this section is to look at God's word together in order to teach an Identity of a disciples that leads to a specific life-pattern.

#### **Group Study**

In this section, you and your disciple(s) will be looking further in depth into scripture and what the Bible says about a specific Identity of a disciple and how that identity leads to a specific life-pattern. Each section has at least one verse and one key point to teach your disciple(s).

#### **Practice**

In this area, the disciple is challenged to practice what they have been learning so they can gain more confidence about being a disciple maker.

#### III. LOOK FORWARD (15-20 minutes)

The objective for this section is to guide your disciple(s) to take the knowledge they have received from the meeting and apply it to their life.

#### **Following**

After you finish your practice, take time to help your disciple(s) set a goal before the next meeting. Help them learn to set SMART goals:

- Specific
- Measureable
- Achievable
- Relevant
- Time-Bound

Next, give your disciple(s) the following meeting assignments. Briefly walk through the assignments so they understand exactly what needs to be done by the next meeting.

#### Fishing

In the opening meeting as well as during the second identity of Living Missionally, disciples will be taught the life pattern of **BLESS**:

\*Begin with prayer, Listen with care, Eat together, Serve in love, Share your faith story

Each week, disciples will be asked to pray for the people on their **FRANC** lists and set goals to increase their **missional temperature**.

\*FRANC - Friends, Relatives, Acquaintances, Neighbors, Coworkers

Disciples will also be asked to begin praying about who they would like to invite into a discipleship relationship.

#### Prayer

End each week by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is, and lifting up the requests of your disciple(s).

# PRE-WORK | SESSION 1

In preparation for our first meeting, please take the time to read, think through, and answer the following sections.

\*Leader: Reference the "How to use this guide" to customize this section appropriately.

What	is	your	story?

That is your story?
Where did you grow up?
Family background
Church Background
People of Influence
Spiritual Journey
Why did you decide to join this group?

#### The Invitation to Discipleship

Read Luke 5:1-11 then Matthew 4:18-20.

- What was Jesus' invitation?
- How did Simon (Peter) and Andrew respond?

#### The Cost of Discipleship

Read Luke 14:25-33.

- What is the main point of what Jesus is saying in this passage?
- Why do you think Jesus said this?

#### The Mission of Discipleship

Read Matthew 28:18-20.

• From this passage, what is Jesus telling his disciples to do?

#### What is a Disciple?

• In your own words, how would you define what it means to be a disciple of Jesus Christ?

# Vision for Disciple Making and Multiplying



"Follow me, and I will make you fishers of men."
- Matthew 4:19 -

#### **Objective:**

To have biblical understanding of discipleship as well as an invitation into discipleship.

#### Commitment:

I commit to the life of a disciple of Jesus Christ.

#### I. INTRO (20-30 minutes)

#### **Mutual Care**

Invite everyone to share their story. Leader, you go first.

- Where did you grow up?
- Family background
- Church Background
- People of Influence
- Spiritual Journey
- Why did you decide to join this group?

#### II. LOOK UP (30 minutes)

#### **Group Study**

Read Luke 5:1-11 and Matthew 4:18-20

- What was Jesus' invitation?
- How did Simon (Peter) and Andrew respond?

#### Read Luke 14:25-33

- What is the main point of what Jesus is saying in this passage?
- Why do you think Jesus said this?

#### Read Matthew 28:18-20

• From this passage, what is Jesus telling his disciples to do?

• In your own words, how would you define what it means to be a disciple of Jesus Christ?

Here at Parkway, we have chosen to define a disciple as:

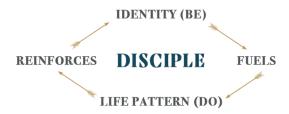
A person who follows Jesus by trusting and obeying Him while teaching others to do the same.

We believe that this biblical definition leads us to understand who we are (identity) as a disciple of Jesus as well as develop specific habits (life-patterns) of obedience to Jesus.

Another way to say it is,

"My IDENTITY as a disciple of Jesus Christ fuels my LIFE PATTERNS of following and obeying Jesus which reinforce my IDENTITY."

People who don't know who they are get confused about what they do and why they are doing it.



Throughout our time together, we will be discovering our identity as a disciple of Jesus Christ which will fuel our life patterns of obedience to Him.

Here are five areas of our identity as a disciple of Jesus on which we will focus:

- Love God
- Live Missionally
- Grow Together
- Serve Sacrificially
- Make Disciple-Makers

#### III. LOOK FORWARD (15 minutes)

Each week as we come together to grow as disciples of Jesus Christ, we will seek to set two goals. The "Following Goal" will revolve around our vertical relationship with Jesus. The "Fishing Goal" will focus on our horizontal relationships with those we are attempting to reach with the good news of Jesus.

#### **Following**

For next week, read through and sign the **Discipleship Covenant** found in the *Appendix* at the back of this guide.

As a group, select a book of the Bible to go through together beginning this week. As followers of Jesus we want to get to know Him better, and one of the best ways to do that is to spend daily time in His Word (the Bible) and talking with Him in prayer.

Determine as a group what chapters you are going to read each week. As you select a book, here are a few suggestions:

- The Gospel of John a great introduction to Jesus and a good study
- Ephesians the first half is about our vertical relationship with God and the second half of the book is about our horizontal relationship with others
- Acts a look at the early church
- The Gospel of Mark Jesus's life in action

Utilize the **S.P.E.C.K.** method for reading the Bible. As you read, consider journaling your response to these questions:

- Is there a Sin I need to confess or avoid?
- Is there a Promise I need to claim?
- Is there an Example I need to follow or not follow?
- Is there a Command I need to obey?
- Is there Knowledge about God I can gain?

#### Fishing

As disciples of Jesus, we are called to "fish" for other people. Below are some tools to help you in your capacity to fish.

Introduce the **Missional Temperature Card** found in the *Appendix* section and walk through the **BLESS** and **FRANC** strategies.

• Have your disciple(s) fill out the **FRANC** and **Missional Temperature** sections of the Card and bring it to the next meeting.

#### Prayer

End each week by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is, and lifting up the requests of your disciple(s).

**Love God** 

**Belief and Baptism** 



"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life."

- John 3:16 -

#### **Objective:**

To develop an identity of loving God that will fuel a life pattern of belief and baptism.

#### Commitment:

I commit to believe that Jesus died on the cross for my sins and rose from the dead, and because of that belief, I commit to be baptized as an act of obedience to Jesus.

#### I. LOOK BACK (20-30 minutes)

#### **Mutual Care**

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

Review the Identity and Life Pattern concepts.

Review the group Bible reading from the past week.

• What impacted you from your time with God in His Word?

#### Review the Missional Temperature Card.

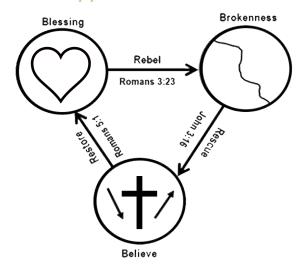
\*Completed FRANC and Missional Temperature.

#### II. LOOK UP (30 minutes)

God's Story

Draw out the 3 Circles as you give the presentation.

\*Use a white board or blank paper.



#### **Keys for God's Story**

In the beginning, God's intent was to **bless** mankind with perfect relationship.

But mankind **rebelled**, believing the lie that God was holding out on them. As a result, this world and mankind's relationship with God was **broken**. (*Romans 3:23*)

Because of God's love, He sent His son Jesus to **rescue** us by dying for our sins of rebellion and rising from the dead in order to fix our brokenness. (*John 3:16*)

By repenting of our sin and **believing** in Jesus, we are rescued and **restored** into a right relationship with God. (*Romans* 5:1)

#### **Keys for Your Story**

On a separate document, write down your story of how Jesus has impacted your life by sharing your life before Jesus and how Jesus has impacted your life.



#### Your Story (Before Christ)

Share in a few sentences what your life was like before you came to believe Jesus died on the cross for your sins and rose from the dead.

- Where did you find your satisfaction?
- What was your motivation or purpose in life?
- Did you experience a lack of peace, purpose, significance?

#### Your Story (After Christ)

Write down **your story** of how Jesus has impacted your life by sharing how He brought you to Himself and how He has changed your life:

- How did you come to trusting in Jesus to rescue you? Describe what led you to giving your life to Jesus and allowing Him to be in control.
- How are you motivated to live differently now? How do you daily follow Jesus?
- What changes have you seen in your life?
- Briefly, but clearly, share the joys and difficulties of following Jesus.

Now that you have completed your story, what are one or two words you could use to summarize your life? This helps you share your story in 30 seconds.

- Before Christ:
- After Christ:

#### Group Study: Baptism

Read Matthew 28:18-20

List the three things Jesus tells the disciples to do:

#### Read Romans 6:4

- Based off of these last two passages what is baptism and why is it important?
- Jesus commanded it! Baptism symbolizes a person being identified with Jesus.

Have you been baptized? If not, would you be willing to be baptized? \*Leader, if one of your disciples is interested in being baptized, please have them contact the church office at 512-990-7777.

#### III. LOOK FORWARD (15 minutes)

#### Following

Read the assigned group Bible reading for the week. In preparation for the next meeting, **SPECK** Luke 14:12-31

#### Fishing

- What is one goal you could set to **BLESS** your **FRANC** list this week?
- Pray for who God would want you to invite into a discipleship relationship.

#### Prayer

End each week by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

**Love God** 

Study God's Word



"All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness." - 2 Timothy 3:16 -

#### **Objective:**

To develop an identity of loving God that will fuel a life pattern of reading God's Word and applying what it says.

#### Commitment:

I commit to loving God by spending regular time in His Word and learning to apply what it says.

#### I. LOOK BACK (20-30 minutes)

#### **Mutual Care**

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

Share your 1-2 words that summarize your 'before and after Christ' story.

Review group Bible reading from the past week.

What impacted you from your time with God in His Word?

#### Review Missional Temperature Card

\*Completed bottom half about BLESS

Invite someone in the group to share the 3 Circles Illustration.

- \*Leader: be sure to set a gracious environment and give feedback
- What went well?
- What are some areas to keep working on?

#### II. LOOK UP (30 minutes)

#### **Group Study**

Read 2 Timothy 3:16-17

- Who gave mankind Scripture?
- How is the Bible useful for followers of Jesus?

#### Read Hebrews 4:12

- What does it mean that the Word of God is active and alive?
- Why is that important?

#### Read John 8:30-31

- Who is speaking?
- What do Jesus' disciples do according to these passages?
- What can you do to know and obey Jesus' teachings?

#### **Practice**

In this section you are going to continue teaching your disciples how to study the Bible using the **SPECK** method.

Have someone read Matthew 4:1-11.

Have someone retell the story.

Take time to **SPECK** the passage together:

- Is there a Sin I need to confess and avoid?
- Is there a **P**romise I need to claim?

- Is there an Example to follow or not to follow?
- Is there a Command to obey?
- Is there Knowledge about God I can gain?

#### III. LOOK FORWARD (15 minutes)

#### Following

Read the assigned group Bible reading for the week.

In preparation for the next meeting, SPECK Luke 14:12-31.

#### **Fishing**

- What is one goal you could set to **BLESS** your **FRANC** list this week?
- Pray for who God would want you to invite into a discipleship relationship.

#### **Prayer**

End each week by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

# **Love God**

Prayer & Spirit-Dependence



"We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives."

- Colossians 1:9 -

#### **Objective:**

To develop an identity of loving God that will fuel a life pattern of prayerful Spirit-dependence.

#### Commitment:

I commit to loving God by cultivating a daily relationship with Him that depends on His Spirit in all areas of my life.

#### I. LOOK BACK (20-30 minutes)

#### **Mutual Care**

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

Go over your **following** and **fishing** goals.

Review group Bible reading from the past week.

- What impacted you from your time with God in His Word?
- What was your **BLESS** goal from last week and how did it go?

Invite someone in the group to share the 3 Circles Illustration.

- \*Leader: be sure to set a gracious environment and give feedback.
- What went well, and what are some areas to keep working on?

#### II. LOOK UP (30 minutes)

#### **Group Study**

Discuss the SPECK homework for Luke 14:12-31.

Have someone explain Luke 14:12-31 in their own words.

Ask for a volunteer to read Luke 14:12-31 aloud.

- What stood out to you most in this passage?
- As a group take time to share some of your **SPECK** observations from the passage.

• What specifically did you notice about prayer and the Holy Spirit?

#### Read Matthew 6:5-13

- Where does Jesus say to pray? Why is this important?
- Why does Jesus say, "Do not heap up empty phrases"?
- Do you see a progression in Jesus' prayer? What order does he use? \*Example: Jesus starts with praise to God.

#### **Group Study**

- How would you describe your prayer life?
   \*Consistent, occasional, rarely, never, etc.
- Why would you describe it that way?
   \*What has helped your prayer life or distracted you?
- When you look at how Jesus instructed his disciples to pray, what could it look like for you to make this progression as part of how you normally pray?

#### Read Colossians 1:9-12

- The NIV translates the end of verse 9 to read, "We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives." Based off of Paul's prayer here in 9-12, what does the Spirit produce in our lives?
- From what we see here, what are the benefits of living prayerful, Spirit-dependent lives vs. self-willed, independent lives?

#### **Practice**

Take time to creatively pray the Lord's Prayer together.

\*Perhaps break the prayer into parts and have each person pray for those specific parts, or have group members share specifically where they could use prayer in the particular areas of the Lord's prayer. For example, "Give us our daily bread" or "lead us not into temptation."

#### III. LOOK FORWARD (15 minutes)

#### Following

- In light of what we have just learned, what is one goal you could make for this upcoming week?
  - \*Examples:
    - Determine and set aside time for daily prayer and stick to it.
    - Develop your own prayer list and work through it this week.
    - Consider memorizing Matthew 6:9-13

Read the assigned group Bible reading for the week.

In preparation for the next meeting, SPECK Psalm 96.

#### Fishing

- What is one goal you could set to **BLESS** your **FRANC** list this week?
- Pray for who God would want you to invite into a discipleship relationship.

#### Prayer

End each week by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

**Love God** Worship



"Present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship."

. - Romans 12:1 -

#### **Objective:**

To develop an identity of loving God that will fuel a life pattern of worship.

#### Commitment:

I commit to loving God by living a life of worship to Him.

#### I. LOOK BACK (20-30 minutes)

#### **Mutual Care**

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

Following and Fishing Goal

• What were your goals for last week and how did they go?

Invite someone in the group to share the 3 Circles Illustration.

\*Leader: Be sure to set a gracious environment and give feedback.

• What went well, and what are some areas to keep working on?

#### II. LOOK UP (30 minutes)

#### Group Study

Discuss the **SPECK** homework for Psalm 96.

Have someone explain Psalm 96 in their own words.

Ask for a volunteer to read Psalm 96 aloud.

• What stood out to you most in this Psalm?

As a group, take time to share some of your **SPECK** observations.

#### **Group Study**

#### Read Matthew 18:20

- Who is speaking in this verse?
- Why is it important to understand that Jesus is present when believers gather together?

#### Read Psalm 22:22-31

- According to these verses, are people praising God privately, or in a large crowd?
- Who all will bow down before the Lord?
- What praises are being said about God in these verses?

#### Read Romans 12:1-2

• What could it look like to apply these verses in your life?

#### Read Colossians 3:15-17

- According to verse 15, what are believers called to do?
- What should dwell richly in believers when they gather?
- Who are believers singing psalms, hymns, and songs to?

#### Practice

- As a group, answer this question: "What do you love about God and why?"
- What does it look like to cultivate a life of worship?

#### III. LOOK FORWARD (15 minutes)

#### Following

- In light of what we have just learned, what is one goal you could make for this upcoming week?
  - \*Examples:
  - Attend church weekly.
  - Pray with my spouse about attending worship weekly.
  - Consider memorizing Matthew 18:20.

Read the assigned group Bible reading for the week.

In preparation for the next meeting, SPECK 2 Corinthians 5:17-21.

#### Fishing

- What is one goal you could set to **BLESS** your **FRANC** list this week?
- Pray for who God would want you to invite into a discipleship relationship.

Take time to review your **Missional Temperature Card** and give yourself a rating.

#### Prayer

End by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

## Live Missionally

**Living Out God's Mission** 



"But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth."

- Acts 1:8 -

#### **Objective:**

To develop an identity of living missionally that will fuel a life pattern of living out God's mission.

#### Commitment:

I commit to living missionally by living out God's mission for this world.

#### I. LOOK BACK (20-30 minutes)

#### **Mutual Care**

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

#### Following and Fishing Goals

Review group Bible reading from the last week.

• What impacted you from your time with God in His Word?

- What were your goals for last week and how did they go?
- What was your **BLESS** goal from last week and how did it go?

#### II. LOOK UP (30 minutes)

#### **Group Study**

Discuss the SPECK Homework for 2 Corinthians 5:17-21.

Have someone explain 2 Corinthians 5:17-21 in their own words.

Ask for a volunteer to read 2 Corinthians 5:17-21 aloud.

- What stood out to you most in this passage?
- What specifically happened in this passage? Look at verse 17.
- How did it happen? Look at verse 21.
- Why did it happen? Look at verses 18-20.



- What does it look like to live this passage out in your life?
- What gets in the way of you living out this passage?

#### **Group Study**

Read John 1:35-51

- What did Jesus tell Philip to do when he found him?
- What did Andrew and Philip do after they started following Jesus?

#### Read Acts 1:8

- Who do believers need to tell about Jesus?
- What are believers given to help them to be witnesses?

Read Colossians 4:2-6

- What does Paul pray for?
- What does it look like to actively live this prayer out?
- How have you experienced this in your life?
- What barriers have you faced?

#### Practice

Review the Missional Temperature Card found in the Appendix.

God has given each of us spheres of influence for the sake of the gospel.

What temperature did you give yourself and why?

#### III. LOOK FORWARD (15 minutes)

#### Following

• In light of what we have just learned, what is one goal you could make for this upcoming week?

#### Examples:

- Memorize Acts 1:8.
- Meet two of your neighbors by hanging out in the front yard two nights this week.

Read the assigned group Bible reading for the week.

In preparation for the next meeting, SPECK 2 Timothy 2:22.

#### Fishing

- What is one goal you could set to **BLESS** your **FRANC** list this week?
- Pray for who God would want you to invite into a discipleship relationship.

#### Prayer

End by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

## Grow in Community

Fellowship



"Having purified your souls by your obedience to the truth for a sincere brotherly love, love one another earnestly from a pure heart."

- 1 Peter 1:22 -

#### **Objective:**

To develop an identity of growing in community that will fuel a life pattern of fellowship with other believers.

#### Commitment:

I commit to loving follwers of Jesus by growing together with them.

#### I. LOOK BACK (20-30 minutes)

#### **Mutual Care**

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

#### Following and Fishing Goals

Review group Bible reading from the last week.

- What impacted you from your time with God in His Word?
- What were your goals for last week and how did they go?

• What was your BLESS goal from last week and how did it go?

#### II. LOOK UP (30 minutes)

#### **Group Study**

Discuss the SPECK homework for 2 Timothy 2:22.

Have someone explain 2 Timothy 2:22 in their own words.

Ask for a volunteer to read 2 Timothy 2:22 aloud.

• What stood out to you most in this verse?

As a group take time to share some of your **SPECK** observations from the passage.

Read Matthew 7:3-5

- What is Jesus's main point?
- Do you ever struggle with this? If so, how?

Read Colossians 3:13-15 and Ephesians 4:1-3

- What commands does Paul give in these six verses?
- Out of these commands, where do you see an opportunity to trust Jesus to help you put those commands into practice?

Read Hebrews 3:12-13 and 10:24-25

- What does the writer of Hebrews instruct believers to do?
- Why are these things so important?

#### Practice

The writer of Hebrews says, "See to it, brothers and sisters, that none of you has a sinful, unbelieving heart that turns away from the living God. But encourage one another daily, as long as it is called "Today," so that none of you may be hardened by sin's deceitfulness."

- Hebrews 3:12-13

As a group, take time to say at least one encouraging thing about each other.

\*Consider phrasing it like, "One thing that i really appreciate about you is..." or,

"One thing I see in you is..."

#### III. LOOK FORWARD (15 minutes)

#### Following

• In light of what we have just learned, what is one goal you could make for this upcoming week?

#### Examples:

- Identify two people that you could specifically encourage.
- Consider apologizing to someone you have wronged.
- Consider memorizing 2 Timothy 2:22.

Read the assigned group Bible reading for the week.

In preparation for the next meeting, SPECK John 13:1-17.

#### Fishing

- Pray for who God would want you to invite into a discipleship relationship.
- What is one goal you could set to BLESS your FRANC list this week?

#### Prayer

End each week by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

## Serve Sacrificially

Serving



"But whoever would be great among you must be your servant, and whoever would be first among you must be slave of all."

- Mark 10:43-44 -

#### **Objective:**

To develop an identity of serving sacrificially that will fuel a life pattern of sacrificial servanthood.

#### Commitment:

I commit to leveraging my spiritual gifts to serve others.

#### 1. LOOK BACK (20-30 minutes)

#### **Mutual Care**

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

#### Following and Fishing Goal

Review group Bible reading from the last week.

• What impacted you from your time with God in His Word?

- What were your goals for last week and how did they go?
- What was your **BLESS** goal from last week and how did it go?

#### II. LOOK UP (30 minutes)

#### **Group Study**

Discuss the **SPECK** Homework for John 13:1-17. Have someone explain John 13:1-17 in their own words. Ask for a volunteer to read John 13:1-17 aloud.

• What stood out to you most in this passage?

As a group take time to share some of your **SPECK** observations from the passage.

Read Mark 10:42-45

- According to Jesus, how does someone become great?
- According to these verses, what example did the "Son of Man" set for believers?

Read Philippians 2:1-11

- From this passage, what are some characteristics of being a servant?
- Which characteristics are most challenging for you to put into practice?

Read I Peter 4:10-11

- How should believers use the gifts that God has given them?
- Do you know what your spiritual gifts are? How do you currently use them?

#### Practice

In Philippians 2 Paul says, "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourself. Let each of you look not only to his own interests, but also to the interests of others."

One of the biggest mistakes people make in attempting to share their faith with others is trying to be *interesting* with the gospel rather than *interested in* the person with whom they are trying to share the gospel.

Take time to brainstorm questions of interest you could ask others that could lead to deeper spiritual conversations and how you could transition into sharing the gospel.

<sup>\*</sup>If not, consider using this reource: https://www.freeshapetest.com.

#### III. LOOK FORWARD (15 minutes)

#### Following

• In light of what we have just learned what is one goal you could make for this upcoming week?

#### Examples:

- Volunteer in a ministry at church.
- Find a practicial way to serve someone in your house.
- Consider memorizing Mark 10:45.

Read the assigned group Bible reading for the week.

In preparation for the next meeting, SPECK Acts 4:32-5:11.

#### Fishing

- Pray for who God would want you to invite into a discipleship relationship.
- What is one goal you could set to **BLESS** your **FRANC** list this week?

#### Prayer

End by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

## Serve Sacrificially

Generosity



"For where your treasure is, there your heart will be also."
- Matthew 6:21 -

#### **Objective:**

To develop an identity of giving sacrificially that will fuel a life pattern of generosity

#### Commitment:

I commit to living the life of a steward of God's resources rather than an owner.

#### 1. LOOK BACK (20-30 minutes)

#### **Mutual Care**

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

#### Following and Fishing Goal

Review group Bible reading from the last week.

- What impacted you from your time with God in His Word?
- What were your goals for last week and how did they go?
- What was your **BLESS** goal from last week and how did it go?

#### **Group Study**

Discuss the **SPECK** Homework for Acts 4:32-5:11.

Have someone explain Acts 4:32-5:11 in their own words.

Ask for a volunteer to read Acts 4:32-5:11 aloud.

- What stood out to you most in this passage?
- As a group, take time to share some of your SPECK observations from the passage.

#### Read Matthew 6:19-21.

- What does this passage teach about our hearts?
- What does the passage teach about eternal rewards?
- Who do the treasures laid up in heaven benefit?
- What does the passage teach about eternal perspective?

#### Read 2 Corinthians 8:1-9.

- What strikes you from this passage?
- What could it look like to model this early church and Jesus in our current context and in our personal lives?

#### **Practice**

Invite someone in the group to share the 3 Circles Illustration.

\*Leader: Be sure to set a gracious environment and give feedback. What went well? What are some areas to continue working on?

#### III. LOOK FORWARD (15 minutes)

#### **Following**

• In light of what we have just learned, what is one goal you could make for this upcoming week?

#### Examples:

- Consider examining your spending to determine where your heart is.
- Begin praying (with your spouse if married) about how you might invest more in the Kingdom.
- Consider memorizing Matthew 6:21.

Read the assigned group Bible reading for the week.

In preparation for the next meeting, SPECK 2 Timothy 2:1-2:

#### Fill out Disciple Multiplication Temperature Card.

\*Just the "P" category. See in "Resources".

#### Fishing

- Pray for who God would want you to invite into a discipleship relationship.
- Begin to invite people from your FRANC list into a discipleship relationship.
- What is one goal you could set to **BLESS** your **FRANC** list this week?

#### Prayer

End each week by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

## Make <u>Disciple-M</u>akers

Multiplication



"and what you have heard from me in the presence of many witnesses entrust to faithful men, who will be able to teach others also."

- 2 Timothy 2:2 -

#### **Objective:**

To develop an identity of a disciple-maker that will fuel a life pattern of disciple multiplication.

#### Commitment:

I commit to living the life of a disciple-maker that multiplies.

#### 1. INTRO (20-30 minutes)

#### Mutual Care

- What has been the best part of your week?
- What has been the most challenging or difficult part of your week?

#### Loving Accountability

#### Following and Fishing Goal

Review group Bible reading from past week.

- What impacted you from your time with God in His Word?
- What were your goals for last week and how did they go?
- What was your BLESS goal from last week and how did it go?

Review Disciple Multiplication Temperature Card.

#### II. LOOK UP (30 minutes)

**Group Study** 

Discuss the **SPECK** Homework for 2 Timothy 2:1-2.

Have someone explain 2 Timothy 2:1-2 in their own words.

Ask for a volunteer to read Timothy 2:1-2.

• What stood out to you most in this passage?

As a group, take time to share some of your **SPECK** observations from the passage:

• What does this passage have to do with discipleship?

- How many generations of disciples are listed in this passage?
- Why does that matter? What can it teach us about how we make disciples?

#### **Group Study**

Read Matthew 4:18-20	Read	Matthew	4	:18-20
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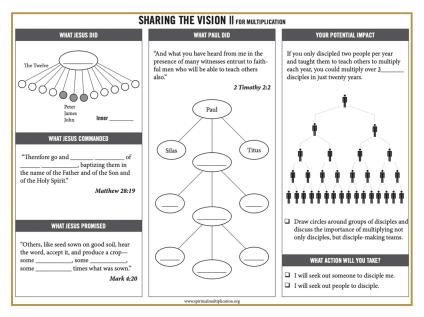
- What was Jesus invitation?
- How did Simon (Peter) and Andrew respond?

#### Read Luke 14:25-33

• Why do you think Jesus said this the way that He did?

#### Read Matthew 28:18-20

- From this passage, what is He telling His disciples to do?
- What authority does He have to tell them to do this?
- What does it look like to have an identity as a disciple maker that leads to a life pattern of disciple multiplication?
- Assuming you have the next 20 years to invest in disciple multiplication, what could be the impact of your life?
- How many disciples could you see living in the wake of your life? Take a look at your potential.



#### **Practice**

Here at Parkway Bible Church, our vision is to lead people to multiply genuine life in Christ. So.....

• Who is in your sphere of influence that God may be leading you to invite into a discipleship relationship?

Take time as a group to brainstorm:

- Who could you disciple?
- Why you would invite them?
- When could you begin?

#### III. LOOK FORWARD (15 minutes)

#### **Following**

• In light of what we have just learned what is one goal you could make for this upcoming week?

#### Examples:

- Create a disciple-making strategy.
- Determine who you could begin discipling.
- Consider memorizing 2 Timothy 2:2.
- Spend time with God in His Word every day this week.

Create a coaching and meeting plan moving forward.

\*See the "Coaching Your Disciples" strategy page in the Appendix.

#### **Fishing**

• What is one goal you could set to **BLESS** your **FRANC** list this week?

• Invite people from your **FRANC** list into a discipleship relationship and begin.

#### Prayer

End by praying for your disciple(s), thanking God for how He has been working in their life, praising God for who He is and lifting up the requests of your disciple(s).

## **APPENDIX**



### **COMMISSIONING DISCIPLES**

At the end of Jesus' earthly ministry He commissioned His disciples to go and make disciples of all nations, baptizing them in the name of the Father, Son, and Holy Spirit, and teaching them to obey everything that He had commanded. Our desire is to follow Jesus by commissioning our disciples to go and do as we have done with them.

We see incredible value in doing this publicly through a special disciple commissioning because:

- Publicly declaring one's intent to disciple for the rest of his or her life is transformational in itself.
- Like Baptism, Communion, Marriage Vows, and many rites of passage into adulthood, there is something very valuable about making public commitments.
- Public Commissioning lends a seriousness to the commitments we make.
- Public Commissioning and making "vows" invites witnesses to your commitment to both God and the other people present that witnessed your promise to make disciples.
- Public Commissioning celebrates the accomplishment in a special way.

Because this is our desire, we will intentionally gather twice a year to publicly celebrate and commission new disciple makers. These gatherings will typically take place during September and January.

As disciple makers, we want to encourage you to make every effort to attend these bi-annual events so that we can continue to build momentum, cast vision, and collectively commission disciple makers together.

### **COACHING YOUR DISCIPLES**

#### Strategy

Your ultimate goal in making disciples is to obey the Great Commission of Jesus Christ, that the gospel would reach the whole world. This will be accomplished to the extent that we successfully obey who Jesus has called us to be and do what Jesus has called us to do.

Your immediate goal is to successfully launch those you have discipled until they have discipled their own people as disciple makers. This will probably look different with each discipleship group you launch because of differing maturity levels. To ensure your success, it is important to create an ongoing coaching relationship where you know well the condition of those you have sent out. That is the purpose of the **Disciple Multiplication Temperature Card**: to be used as a tool in your ongoing coaching relationship with your disciples.

#### Milestones

Your **first** milestone is accomplished when your disciples can effectively articulate their identity statements and life patterns.

Your **second** milestone is when your disciples have selected and scheduled their first meeting with *their* disciples.

Your **third** milestone is accomplished when they successfully reproduce.

#### COACHING OPTIONS TO CONSIDER

#### Option 1

You have concluded Session to and your disciples have identified and invited their disciples into a discipleship relationship and are ready to begin.

- Make sure they are aware of and invited to the next Disciple Commissioning service.
- Stop meeting with them on a weekly basis and launch them to meet with their disciples. Have them email us at the church to let us know who they will be discipling.
- Encourage them to read "The Disciple Makers Handbook" by Bobby Harrington and Josh Patrick.
- Meet with your launched disciples once a month, or every other month, checking in on their discipleship temperature.
- Feel free to stop meeting with them once they have reproduced. Consider checking in on a quarterly or bi-annual basis.

#### Option 2

You have concluded Session 10 and your disciples have identified their disciples that they would like to invite but you sense they could use a little more help to get going.

- Have them email us at the church to let us know who they will be discipling.
- Consider meeting every other week with them while they meet every week or every other week with their disciples.
- Use the same structure you have been using with them except in the look up time evaluate their previous week with their disciples by asking, "What celebrations or challenges did you experience with your disciples?" Based off of their responses, use that time to help coach them forward.
- As a group, you could read and discuss "The Disciple Makers Handbook" by Bobby Harrington and Josh Patrick.
- Begin to adjust to **Option 1** meeting schedule as you feel appropriate.

#### Option 3

You have concluded Session 10 and your disciples are not ready to be launched.

- Email us at the church to let us know your situation so we can help you.
- Keep meeting together weekly, using your regular format, except use "The Disciple Makers Handbook" by Bobby Harrington and Josh Patrick. Implement this as one of the following goals as well as the content that you cover during your look up section. There are questions at the end of each chapter.
- Gauging the progress of the group, consider adjusting to **Option 1** or **2**. Remember, the goal is to **reproduce** and **multiply**. It will always be easier and more comfortable to just keep meeting.

### TIPS

#### How Do I Start Off Well?

It is essential to have a clearly stated commitment before starting the discipling relationship. The goal is to become a disciple of Jesus Christ by understanding our identities and life patterns. The commitment is to enter and complete a process that helps you to become a disciple maker and multiplier.

Additionally, it is important for people to "begin with the end in mind". We all start off as New Believers, then grow to be Disciples, and then strive to become reproductive Disciple Makers. To become a Disciple Maker, we are setting the high bar of becoming a person who has embraced the idea that they are no longer consumers trying to become a better person, but one who is living for others in the name of Jesus Christ.

#### How Do I Extend Grace to People Who are Unable to Finish?

When issues arise, talk with the person individually and see if the issue is a barrier to fulfilling his/her commitments. If the person cannot, or will not, keep his/her commitments, lovingly invite them out of the process and state that it would be better to start again at a later date. This does not mean that they are a failure or a bad person, it just means that following Christ is serious and if our ultimate goal is to make disciples, we need to focus our time and efforts on those who are available and committed to become disciple makers. We are not rejecting them, we are just making sure we prioritize making disciples who make disciples.

### MULTIPLICATION SUCCESS

#### Who Should I Select to Disciple?

People who are Faithful, Available, Teachable, and Strategic

\*You believe they will be willing to commit to disciple others because of your time together with them.

#### What should I say to invite them into the process?

"I want to invite you to join me along with 2 to 3 others on a life-on-life journey to discover together our full identity as followers of Jesus.

We will meet and learn together more what it means to:

- Love God
- Live Missionally
- Grow Together
- Serve Sacrificially
- Make Disciple Makers

Our time together will help us develop our identity and create life patterns as Christian men/women while strengthening our roles as a Husband/Wife, Father/Mother, Friend, Student, and/or Coworker.

Before you quickly say yes, the commitment is for you to become a disciple maker by following Jesus' command known as The Great Commission.

This means that once we have worked through this guide, you will seek out 2 to 3 people to walk through this journey with so that they would then commit to find 2 to 3 people to develop as disciple makers. This follows the Biblical example shown in 2 Timothy 2.

I am excited to see how God is going to grow us and work in and through our time together!"

# ADVICE FROM OTHER DISCIPLE MAKERS

- From the start, introduce the two foundational disciplines: Daily quiet time and Missional Temperature. Cover these two things every week.
- Remind people repeatedly that this is not a program, this is a lifestyle.
- Be a multiplication champion! Finish every session with this statement: "When YOU are discipling others..."
- Create an opportunity for experiential learning.
   \*Prayer walk each other's neighborhoods, invite your disciples and their families over for dinner, or find a way to serve somewhere as a group together, etc.
- Cover the process in prayer, then pray over it more and finish it off with more prayer!
- Discipleship is far more than going through material, it's doing life-on-life in a relational way. As I follow Jesus, I am available to walk through life's challenges with my disciples and impart the Lord's wisdom as the Holy Spirit reveals.
- The connection to each other is often more life-changing than the content of what is discussed.
- Do not rush the process. Backtrack to past sections if necessary.
- The group members need time to get to know each other so that there is authenticity and vulnerability (share testimonies). Each member needs to be reminded of their redemption and passion for Christ so that their identity flows naturally and is not a forced list of things to do.
- Be prepared to dive deeper into topics as needed: "How to Study the Bible", "How to share your faith", "Work/life Ministry", etc.
- People are not ready to reproduce unless they themselves are healthy. Make sure you shepherd people well.
- Communicate frequently that this process is focused on Disciple Making not just discipleship. The principle of multiplication needs to drive what we are doing.
- Keep it regular, relational, and reproducible.
- Commit to pray about who God wants you to disciple.
- Have a strong accountability partner that can serve as a sounding board and encourager as you lead others in a disciple making journey.
- Follow through, follow through, follow through.
- You are not finished with your personal connection and shepherding of one your disciples until they have reproduced themselves.

### DISCIPLE COVENANT

The purpose of this covenant is to express our shared convictions as a discipleship group. It should serve as a guardrail that provides trajectory and focus. It reminds us of the commitments we have made to Jesus and to each other. It describes how we plan to live out our faith in the context of an intentionally Jesus-centered community.

By participating in this group, I agree with the following statements:

- I want to grow as a disciple of Jesus and learn how to honor and emulate him as a disciple maker.
- I understand that I am committing to attending every meeting, arriving on time, and completing the assignments.
- I understand that the mission of this group is to help each other become more like Jesus. The discipleship process is based upon Jesus, His teachings, and His method of making disciples.
- I commit to get to know God better through his Word in this process. I will complete my reading assignments and prayerfully ask God to reveal himself to me.
- I recognize that in order to grow as a follower of Jesus, I must openly share my life with this group- the good, the bad, and the ugly. I will disclose secrets, confess sins, and ask the group to help me overcome the areas of my life that have yet to be surrendered to the lordship of Jesus.
- I commit to confidentiality. What is said in the group stays in the group.
- I understand that I will take direct, unfiltered feedback. I will do everything in my power to receive it in love and be transformed by it. I will avoid defensiveness, realizing that when I defend myself, I forfeit the opportunity to grow. I am committed to being open to examine myself my personality, my past, my habits, and the way I treat people.
- I will not give unsolicited advice or try to solve someone else's problems during group meetings. I will listen attentively while others share and will respond when and if the person sharing requests feedback from me.
- I will pray for every member of this group.
- I commit to actively BLESS my spheres of influence.

  \*Begin with prayer, Listen with care, Eat together, Serve, Share my story and God's story
- I commit myself to, at some time in the future when Jesus lets me know that I am ready, becoming a disciple maker and forming a group like this myself.

Signature:	Date:

#### **Missional Temperature Card**

Name:						Date:				
People far fr	on	n God in my spł	neres o	f influence I	pray for re	gularly (	FRANC):			
Friends										
Relatives										
<b>A</b> cquaintanc	es .									
Neighbors _										
Co-workers _	_									
Missional Te	m	perature (1–10)		N	ly Current	Outreac	h Temperat	ure:	:	
1	2	3	4	5	6	7	8	9	10	
Apathy		<b>Growing Passi</b>	on	<b>Growing Practice</b>		<b>Growing Impact</b>		Convergence		
*Unaware		*Growing Awar	eness	*Learn Methods		*God Uses You			*Hi Impact	
*Disobedient		*Desire & Praye	er	*Trying & Improving		*People Believe			*Recognized	
*Hostility		*Build Relations	ships.	*Conversati *Invitation		iı	n Christ		Leader	

BLESS	What I plan to do to raise my outreach temperature one degree:	Deadline
<b>B</b> egin to Pray		
<b>L</b> isten		
Eat		
Serve		
Share		

The purpose of this **Disciple Multiplication Temperature Card** is for you to have a tool to evaluate how you and your disciple downlines are growing as disciples, disciple makers, and disciple multipliers. This tool is meant to glean insight by identifying areas of current strength as well as areas to focus for growth. It is for assessment and not for legalistic ranking or comparison and should be handled with humility and grace.

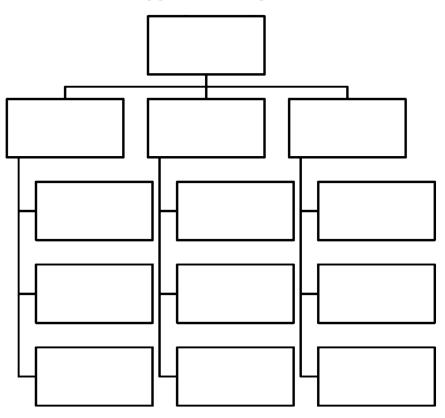
After each statement, give a rating of 1-5 (1 is low and 5 is high) assessing yourself personally (P), your disciples (D), and if applicable, their disciples (D2). Use this tool to have an open discussion on strengths and ways to improve.

D D2

Love God	Р	D	D2
Can clearly articulate their story and God's story			
Lives a balanced, well-paced life that prioritizes a relationship with Jesus			
Regularly participates in corporate worship			
Growing in Christlikeness			
Live Missionally		D	D2
Is praying over a F.R.A.N.C list regularly.			
Actively B.LE.S.S.ing F.R.A.N.C list.			
Looking for and taking opportunities to share the gospel.			
Grow Together	P	D	D2
Actively involved in a REAL Life Group			
Has accountable relationships			
Intentional with others (ex. encouragement, confession, forgiveness)			
Serve Sacrificially		D	D2
Invests time, talents, and treasures to serve their family.			
Invests time, talents, and treasures to serve the Church			
Invests time, talents, and treasures to serve their spheres of influence.			
Make Disciple-makers		D	D2
Would be able to tell others with confidence, "Follow me, as I follow Jesus Christ."			
Has been discipled intentionally by someone else and is discipling others.			
Has a clear picture on how their disciples, disciples are growing			

Love God

#### DISCIPLE MAKING TREE



#### Love God

- "Emotionally Healthy Spirituality" Pete Scazzero
- "Counterfeit Gods" Tim Keller
- "A Praying Life" Paul Miller
- "Awe" Paul Tripp
- "Desiring God" John Piper
- "Knowing God" J.I. Packer
- "The Jesus I Never Knew" Philip Yancey

#### Live Missionally

- "Missional Renaissance" Reggie McNeal
- "Center Church" Tim Keller
- "The Art of Neighboring" Pathak & Runyon

#### **Grow Together**

"Emotionally Healthy Relationships" - Pete Scazzero

#### Serve Sacrificially

- "The Volunteer Revolution" Bill Hybels
- "The Treasure Principle" Randy Alcorn
- "On Being A Servant of God" Warren Wiersbe & Jim Cymbala

#### Make Disciple Makers

- "The Disciple Makers Handbook" Bobby Harrington & Josh Patrick
- "Lost Art of Disciple Making" LeRoy Eims
- "Master Plan of Evangelism" Robert Coleman
- "Discipleshift" Jim Putman
- "Spiritual Multiplication in the Real World" Bob McNabb

